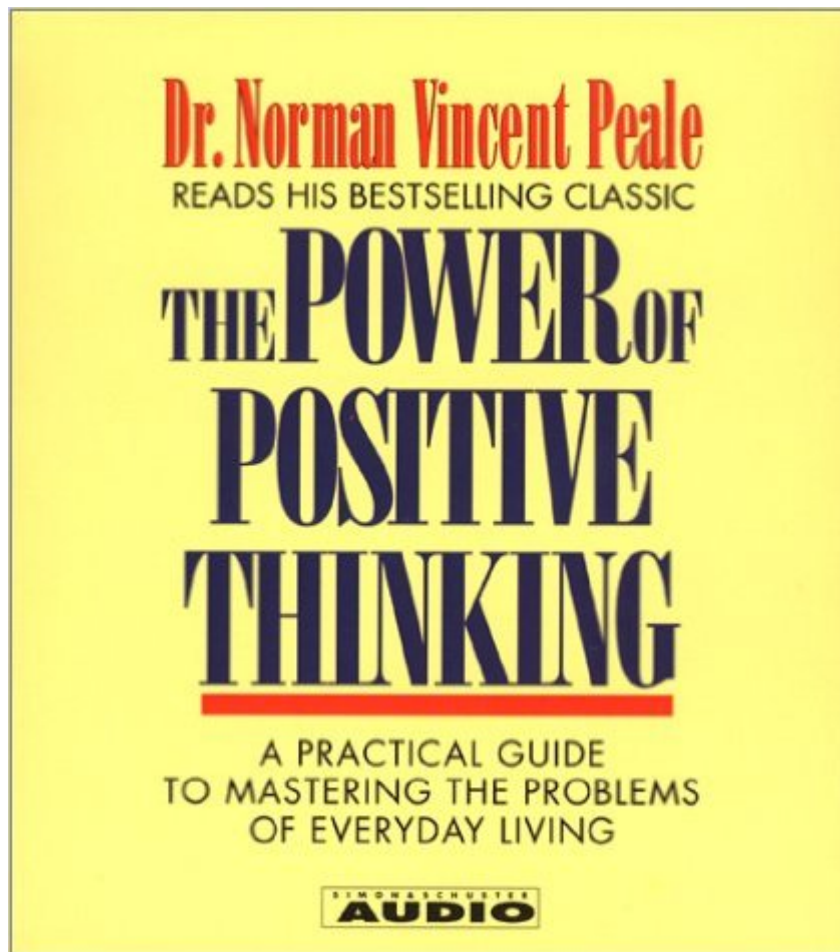


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# The Power Of Positive Thinking: A Practical Guide To Mastering The Problems Of Everyday Living (4 CD Set)



## Synopsis

Translated into fifteen languages with more than 7 million copies sold, *The Power of Positive Thinking* is unparalleled in its extraordinary capacity for restoring the faltering faith of millions. In this insightful program, Dr. Peale offers the essence of his profound method for mastering the problems of everyday living. You will learn: How to eliminate that most devastating handicap -- self doubt  
How to free yourself from worry, stress and resentment  
How to climb above problems to visualize solutions and then attain them  
Simple prayerful exercises that you can do everyday, throughout the day, to reinforce your new-found habit of happiness  
Eliminating all the negative thoughts that prevent you from achieving happiness and success, *The Power of Positive Thinking* is an inspiring program that will help you create a positive change in your life.

## Book Information

Audio CD: 4 pages

Publisher: Simon & Schuster Audio; Abridged edition (May 1, 2001)

Language: English

ISBN-10: 0743507800

ISBN-13: 978-0743507806

Product Dimensions: 5.8 x 1 x 5.6 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

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## Customer Reviews

THE POWER OF POSITIVE THINKING by Norman Vincent Peale is one of my favorite books . . . so imagine my delight when I had the opportunity to revisit it recently as a result of listening to the taped version. Best of all: Peale did most of the narration . . . while some could argue that his speaking voice wasn't the greatest (or at least at the age when he read this particular version), I enjoyed it even more so because he was the one doing the reading. His advice from the book remains timeless; i.e., provided you can get through some of the parts that might be a little too religious-based for your particular taste . . . I was able to do so and so was thus able to enjoy such insights as the following: \* As you think, so shall you be. \* I don't believe people are born negative thinkers. All babies, unless they're ill, are positive. Positive thinking is extremely natural. Unfortunately, some

babies are born into negative households. Since they're very susceptible to their environment, they absorb the negative impulses and attitudes around them.\* Create a mental picture of yourself as a success. Hold onto this picture tenaciously. Since your mind tries to complete what it pictures, always picture SUCCESS no matter how badly things seem to be going at the moment. Whenever a negative thought about your personal power comes to mind, deliberately voice a positive thought to cancel it out.\* Anger, fear and worry are among the most subtle and destructive of all emotions. To counteract their power, fill your mind with good will, forgiveness, faith, and love.

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