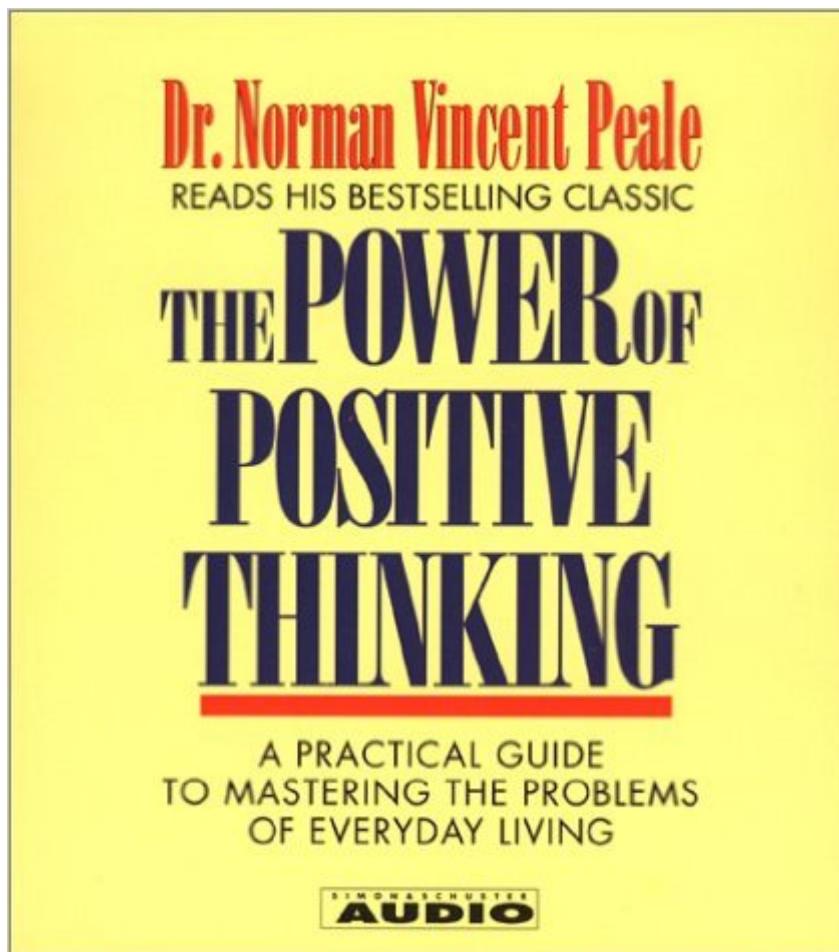


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# The Power Of Positive Thinking: A Practical Guide To Mastering The Problems Of Everyday Living (4 CD Set)



## **Synopsis**

Translated into fifteen languages with more than 7 million copies sold, The Power of Positive Thinking is unparalleled in its extraordinary capacity for restoring the faltering faith of millions. In this insightful program, Dr. Peale offers the essence of his profound method for mastering the problems of everyday living. You will learn: How to eliminate that most devastating handicap -- self doubt How to free yourself from worry, stress and resentment How to climb above problems to visualize solutions and then attain them Simple prayerful exercises that you can do everyday, throughout the day, to reinforce your new-found habit of happiness Eliminating all the negative thoughts that prevent you from achieving happiness and success, The Power of Positive Thinking is an inspiring program that will help you create a positive change in your life.

## **Book Information**

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## **Customer Reviews**

THE POWER OF POSITIVE THINKING by Norman Vincent Peale is one of my favorite books . . . so imagine my delight when I had the opportunity to revisit it recently as a result of listening to the taped version. Best of all: Peale did most of the narration . . . while some could argue that his speaking voice wasn't the greatest (or at least at the age when he read this particular version), I enjoyed it even more so because he was the one doing the reading. His advice from the book remains timeless; i.e., provided you can get through some of the parts that might be a little too religious-based for your particular taste . . . I was able to do so and so was thus able to enjoy such insights as the following: \* As you think, so shall you be.\* I don't believe people are born negative thinkers. All babies, unless they're ill, are positive. Positive thinking is extremely natural. Unfortunately, some

babies are born into negativehouseholds. Since they're very susceptible to theirenvironment, they absorb the negative impulses and attitudesaround them.\* Create a mental picture of yourself as a success. Hold onto this picture tenaciously. Since your mind tries to completestwhat it pictures, always picture SUCCESS no matter how badlythings seem to be going at the moment. Whenever a negativethought about your personal power comes to mind, deliberatelyvoice a positive thought to cancel it out.\* Anger, fear and worry are among the most subtle anddestructive of all emotions. To counteract their power, fill yourmind with good will, forgiveness, faith, and love.

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